

HERE IS THE IDEA:



Promote hand hygiene – washing hands for at least 20 seconds to fully get rid of the germs.



Place a small sticker next to the hand washing sinks stating to sing the “Happy Birthday song” twice while they wash their hands. Since this song is so familiar to us, it is likely to proceed automatically to completion once started.



SINK



STICKER

Sing the Happy Birthday Song
2 times
While Washing your Hands





HOW TO IMPLEMENT

Hands Hygiene

- **PLACE** a sticker next to the sink to remind people to sing the Happy Birthday song twice to achieve the right timing
- **SING** the song twice, each time you wash your hands, the duration should be at least 20 seconds

Schlumberger SAFE

COVID-19 NUDGES



HERE IS THE IDEA:



We touch our faces a lot but the majority of the time it is unconsciously. Prompting others to help us become aware of when we touch our faces can be helpful.

Share with everyone that they should mention the word "face" every time they see their colleagues touch their faces.

Each individual can compare how many times they've heard the word "face" daily.



The average person touches his/her face 15 times an hour. Consciously avoid touching your face at this time and reminding others when you see them touch their face.

Avoid touching your face



Employee touching his face unconsciously



Employee informing his colleague that he/she is touching his/her face





HOW TO IMPLEMENT

Avoid touching your face

- **SAY** “FACE” each time you see a colleague touching his face with his hand unconsciously
- **COUNT** how many times each one of you was spotted touching your face today
- **Note:** You can organize a small competition within your team

Schlumberger SAFE

COVID-19 NUDGES

