



Toolbox Talks



Face Coverings

Face Coverings are NOT a substitute for other self-protection measures

The best community and individual defense against COVID-19 is performing frequent hand washing, avoiding touching eyes, nose and mouth with unwashed hands, avoiding being around sick people, and practicing social distancing. A face covering is a secondary protection measure that may be used in addition to—never in place of—the protection measures listed above. Face coverings must NEVER interfere with required PPE.

Required, Recommended, or Voluntary?

Face coverings may be required by local laws. We will comply with all local laws! Where not required to be worn by local laws, employees may choose to voluntarily wear personal face coverings.

Guidance

Where face coverings are required in the workplace, the following guidance must be followed.



- Face coverings must always be worn while in the workplace with the following exceptions;
- When alone in a separate single space (*indoors or outdoors*).
- When doing so poses a greater mental or physical health, safety or security risk or;
- When eating or drinking (*6' must be maintained between you and others*).



- Be careful not to touch eyes, nose, and mouth when putting on or taking off your face covering.



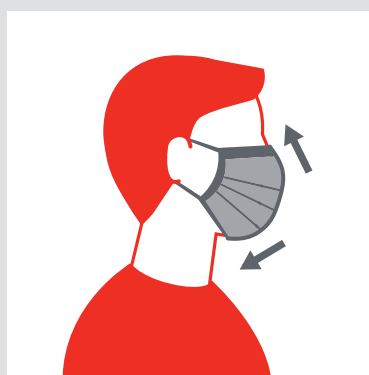
- Face coverings should be routinely washed depending on the frequency of use. A washing machine should suffice in properly washing a face covering.



- Always wash hands or use an alcohol-based hand sanitizer immediately before and after touching or adjusting your face covering.



- Disposable face coverings can be worn several days before disposal if they remain clean and sanitary.



How to properly wear face covering?

Face covering should

- Fit snugly, but comfortably, against the side of the face
- Be secured with ties or ear loops
- Fit snug to face and cover from nose to below chin
- Fit flexible band to nose bridge (*if applicable*)
- Include multiple layers of fabric
- Allow breathing without restriction

Source: Center for Disease Control and Prevention (CDC)